	Government College (Autonomous) Rajahmundry	Program & Semester I B.A (I Sem)			
Course Code PSY-120801	Paper- I: FUNDAMENTALS OF SOCIAL SCIENCES				
Teaching	Hours Allocated: 60 ( <b>Theory</b> )	L	Т	Р	С
Pre- requisites:		5	1	-	4

- To understand the nature and various approaches
- To acquire knowledge on the organs of the state
- To understand the social perspectives
- To know about the application of ICT

#### Course Outcomes:

On the completion of this course, the student will be able to:

- Learn about the nature and importance of social science.
- Understand the Emergence of Culture and History
- Know the psychological aspects of social beahaviour
- Comprehend the nature of Polity and Economy
- Knowledge on application of computer technology

#### **Syllabus**

## Unit-I: What is Social Science

- 1. Definition and Scope of Social Science Different Social Sciences
- 2. Distinction between Natural Science and Social Sciences
- 3. Interdisciplinary Nature of Social Sciences
- 4. Methods and Approaches of Social Sciences

## Unit-II: Understanding History and

## Society

- 1. Defining History, Its Nature and Scope
- 2. History- A Science or an Art
- 3. Importance of History in the Present Society
- 4. Types of History and Chronology of Indian History

## **Unit-III: Society and Social Behaviour**

- 1. Definition, Nature and Scope of Psychology
- 2. Importance of Social Interaction
- 3. Need of Psychology for present Society
- 4. Thought process and Social Behavior

#### **Unit-IV: Political Economy**

- 1. Understanding Political Systems
- 2. Political Systems Organs of State
- 3. Understanding over Economics Micro and Macro concepts
- 4. Economic Growth and Development Various aspects of development

#### **Unit-V: Essential of Computer**

- 1. Milestones of Computer Evolution Computer Block Diagram, Generations of Computers
- 2. Internet Basics Internet History, Internet Service Providers Types of Networks IP Domain Name Services Applications
- 3. Ethical and Social Implications Network and Security concepts Information assurance fundamentals
- 4. Cryptography Symmetric and Asymmetric –malware Fire walls Fraud Techniques Privacy and Data Protection

#### References

- 1. The social sciences: An Integrated Approach by James M. Henslin and Danniel
  - F. Chambliss
- 2. The Wonder that was India A.L.Bhasham
- 3. Introduction to Psychology Morgan and King
- 4. Principles of Political Science A.C. Kapoor
- 5. Contemporary Political Theory J.C.Johari
- 6. M.L.Jhingan Economic Development Vikas, 2012
- 7. ML Seth Macro Economics Lakshminarayana Agarawal, 2015
- 8. Fundamentals of Computers by V. Raja Raman
- 9. Cyber Security Essentials by James Graham, Richard Howard, Ryan Olson

#### **Co-circular Activities**

- 1. Group Project Work
- 2. PPT Presentation, Participation in Webinars
- 3. Field visits
- 4. Group Discussion
- 5. Survey and Analysis
- 6. Charts and Poster presentation
- 7. Identifying the attributes of network (Topology, service provider, IP address and bandwidth of your college network) and prepare a report covering network architecture.
- 8. Identify the types of malwares and required firewalls to provide security.
- 9. Latest Fraud techniques used by hackers.

	Government College (Autonomous) Rajahmundry	Progr Sem			
Course Code PSY120802	Paper- II: PERSPECTIVES ON INDIAN SOCIETY	I B.A (I Sem)			
Teaching	Hours Allocated: 60 ( <b>Theory</b> )	L	T	P	С
Pre- requisites:		5	1	ı	4

- To demonstrate the significance of social sciences
- To understand various fields of social sciences in a better way
- To apply methods and approaches to social phenomena

#### Course Outcomes

On the completion of this course, the student will be able to:

- Learn about the significance of human behavior and social dynamics.
- Remembers the Indian Heritage and freedom struggle
- Comprehend the philosophical foundations of Indian Constitution
- Knowledge on Indian Economy

#### I. Syllabus

#### **Unit-I: Man in Society**

Human Nature and Real Life Engagement Social Groups and Social Dynamics Individualism and Collectivism – Ethical Concerns Human Life – Social Influence and Social Impact

## Unit-II: Indian Heritage and Freedom Struggle in India

Cultural & Heritage sites of Tourism in India
Indian Dance, Music and Yoga
Rise of Nationalism Under British Rule in brief (1857-1947)
Contemporary history of India-integration of Princely States, abolition of Zamindari, formation of linguistic states

#### **Unit-III: Indian Constitution**

Philosophical Foundations of Indian Constitution Elements of Indian Constitution Study of Rights in Indian Constitution Directive principles to State

#### **Unit-IV: Indian Economy**

Indian Economy - Features - Sectoral contribution in income Role of Financial Institutions - RBI - Commercial Banks Monetary and Fiscal Policies for Economic Development Economic Reforms - Liberalization - Privatization - Globalization

#### **Unit-V: Impact on Society and Analytics**

Role of Computer, impact of Computers on human behavior, e-mail, Social Networking- WhatsApp, Twitter, facebook, impact of Social Networks on human behavior.

Simulating, Modeling, and Planning, Managing Data, Graphing, Analyzing Quantitative Data,

Expert Systems and Artificial Intelligence Applications in the Social Sciences

#### References

- 1. Introduction to Psychology Atkinson RC
- 2. History of the freedom movement in India Tarachand
- 3. India since Independence Bipinchandra
- 4. Introduction to the Constitution of India D.D.Basu
- 5. S.K Misra & V.K Puri Indian Economy, Himalaya Publishing House, 2015
- 6. Government of India, Economic Survey (Annual), New Delhi
- 7. Information and Communication Technology by APCCE
- 8. Computer Applications in the Social Sciences by Edward E. Brent, Jr. and Ronald E. Anderson

#### **Co-circular Activities**

- 1. Assignment
- 2. PPT Presentation, Participation in Webinars
- 3. Field visits
- 4. Group Discussion
- 5. Survey and Analysis
- 6. Charts and Poster presentation
- 7. Identify the peripherals connected to a system and label them as either Input or Output or both.
- 8. Identify the Operating System loaded in your system and compare the features with other existing Operating System.
- 9. Collect latest census data and draw a graph indicating the growth rate.
- 10. Predicting the risk of depression, substance dependency, drinking, obsessive compulsive disorders, and suicide using AI.

	Government College (Autonomous) Rajahmundry Department of Psychology	Program & Semester
Course Code MDC <b>PSY-120800</b>	Multidisciplinary Course (w.e.f. AY 2023-24) PRINCIPLES OF PSYCHOLOGY	I B.A-I Sem
Teaching	Hours Allocated: 30(Th)2 hrs/week	

#### Syllabus:

#### Unit I

Introduction: Definition, Origin of Psychology, Psychology as a scientific study of behavior, applied fields of Psychology biological bases of behaviour

Sensory and perceptual processes: Structure and function of visual and auditory senses; Attention: selective, sustained and divided attention. Perception: Nature and determinants; Perceptual constancies.

#### Unit II

Emotion and Motivation: Nature of emotion; components of emotions. Theories of emotion: James-Lange, Cannon-Bard and Schachter-Singer.

Motivation: Nature and types; Maslow's hierarchy model

#### Unit III

Individual differences: Learning and memory: Learning – Definition, Classical and instrumental conditioning: principles of classical conditioning, schedules of reinforcement, Memory - Sensory, short-term and long-term memory; forgetting and its causes

Personality - Trait and type approaches; assessment of personality. Intelligence: Concept of IQ and measurement

#### **Books recommended:**

- Ψ Baron, R. A. (2006). Psychology (5th Ed.). New Delhi: Pearson Education.
- Ψ Ciccarelli, S. K., & Meyer, G. E. (2009). Psychology. Delhi: Pearson Education.
- $\psi$  Coon, D., & Mitterer, J. O. (2007). Introduction to Psychology: Gateway to mind and behaviour. New Delhi:Cengage.
- ψ Gerrig, R. J., & Zimbardo, P. G. (2006). Psychology and Life (17th Ed.). New Delhi: Pearson Education.
- ψ Singh, A. K. (2009). Uchachtar Samanya Manovigyan. Varanasi: Motilal Banarasi Das.

adam (	Government College (Autonomous) Rajahmundry	Program & Semester
Course Code PSY-220801	FOUNDATIONS OF PSYCHOLOGY	I B.A-II Sem
Teaching	Hours Allocated: 60 ( <b>Theory</b> )	

- To demonstrate the importance of Psychology
- To understand various fields of Psychology and schools
- · To apply methods and approaches of Psychology to social phenomena

#### Course Outcomes

On the completion of this course, the student will be able to:

- Understand Psychology and its various branches and fields
- Psychology in Indian perspective
- How we sense and perceive things and get motivated and use our emotions to form a whole personality

## **Syllabus:**

#### Unit -I: Introduction to Psychology

Introduction- Origin and development of Psychology, definitions, nature and goals of Psychology, Fields of Psychology.

Various Schools of thoughts-Structuralism, Functionalism, Psychoanalytic, Behavioral, humanistic- existential, Gestalt

Methods of studying behavior - Introspection, observation, case study, and experimental method

## Unit-II: Psychology in India

Ancient Indian Psychology – Cognition, Consciousness, Super Conscious, Emotions Individuality and Self. The doctrine of Gunas – Satva, Rajas and Thamas

The beginning & Development of Modern Psychology ,Basic and Applied Research. The Testing Movement, Clinical and Counselling Psychology and Organizational Behaviour and Industrial Psychology.

#### **Unit-III: sensation and perception**

The Sensory System, Types and General Characteristics of Senses.

**Visual & Auditory Sensation** 

Perception- Perceptual Organisation, Major Principles of Perceptual Organisation.

Depth Perception, Perceptual Constances, Movement Perception, Perceptual Distractions.

#### Unit-IV: motivation and emotion

Motivation-Definition and functions of motives, Types of motives-physiological and psychosocial motives, Maslow's theory of motivation.

Emotions - Definition and Nature of emotions, Functions of emotions, Theories of emotions- James-Lange, Cannon-Bard.

#### **Unit-V**: personality

Personality -Concept and definitions of personality. Theoretical Approaches to personality- psychoanalytic approaches, cognitive- behavioural and humanistic

#### **References**

- 1. Atkinson & Hilgard(2003)-Introduction to Psychology, ThomsonWoodworth,14<sup>th</sup> Edition.
- 2. Baron. R.A. Psychology (2001)-Pearson Educational Inc. New Delhi.
- 3. Benjamin & Hopkins (1990)-Psychology. Macmillan Publishing Co., Newyork.
- 4. Parameswaran &Beena-Invitation to Psychology. Neel Kamal Publications, Hyderabad.
- 5. Morgan & King-Introduction to Psychology (2017). Mc.Graw Hill, India.
- 6. S.K.Mangal-General Psychology (2009). Sterling Publishers Pvt. Ltd., India.

#### **Co-Curricular Activities:**

## **Suggested Co-Curricular Activities**

- 1. Assignments
- 2. Seminars, Group discussions, Quiz, Debates on related topics
- 3. Prepare charts and models of related topics
- 4. Invited lectures and presentation on related topics by field experts

	Government College (Autonomous) Rajahmundry	Program & Semester
Course Code	Paper-II COGNITIVE PSYCHOLOGY	I B.A-II Sem
Teaching	Hours Allocated: 60 ( <b>Theory</b> )	

- To explore the field of cognitive Psychology
- To understand various concepts such as attention, memory forgetiing, learning and thinking
- To understand intelligence

#### Course Outcomes:

On the completion of this course, the student will be able to:

- Understand the sub field cognitive Psychology and its various concepts
- How all the cognitive domains connected to each other in understanding human being

## **Syllabus:**

## **UNIT I: Introduction to cognitive Psychology**

- A. Introduction- Definition, nature and scope of cognitive Psychology
- B. Attention -Attention-Span of Attention, division, distraction, factors influencing attention

#### **UNIT II: Memory and Forgetting**

- A. Meaning and Types of Memory, Methods of Measuring Memory.
- B. Forgetting- Meaning, Nature and Causes, Methods to Improve Memory

## **UNIT III: learning**

- A. Definition of learning Classical Conditioning, Operant Conditioning, Insight, Observation and Latent learning.
- B. Transfer of Learning, Measurement of Learning, Learning Curves.

#### **UNIT IV: thinking**

- A. Definition, Nature and Levels of Thinking.
- B. Tools of Thinking Images, Concepts and Language.
- C. Types of thinking Reasoning, Problem Solving, Creative Thinking, Critical Thinking.

## **UNIT V: intelligence**

- A. Intelligence Definition and Nature Theories: Spearman Two Factor Theory, Thurstone's Multi Factor Theory and Sternberg's Triarchic Theory of Intelligence
- B. Measurement of Intelligence- Concept of IQ, Types of Intelligence Tests, Intellectually Gifted and Retardation.
- C. Role of Heredity and Environment on Intelligence

#### **REFERENCE BOOKS:**

- 1. Morgan, Clifford.T., King, Richard.A., Weisz, John.R., Schopler, John (1993): Introduction to Psychology, TataMcGraw Hill.
- 2. Marx, Melvin H. (1976) Introduction to Psychology Problems, Procedures & Principles, MacMillan Publishing Co.
- 3. Hilgard, E.R., Atkinson, R.L., Atkinson, R.C.. (1979): Introduction to Psychology. Harconrt 4. Parameswaran E.G., & Beena "An Invitation to Psychology" Neelkamal Publication Hyderabad

	Government College (Autonomous) Rajahmundry	Program & Semester
Course Code PSY-103	DEVELOPMENTAL PSYCHOLOGY	I B.A-III Sem
Teaching	Hours Allocated: 30 ( <b>Theory</b> )	

Developmental Psychology is a very beneficial course of Psychology which deals with development and problems of children starting from conception. This course is useful for teachers and parents also.

#### Course Outcomes:

- At the end of the course the student is expected to demonstrate the following knowledge, skills and critical thinking -
- Gain knowledge about importance of studying child behaviour, and remember the stages of human life span.
- Understand the difference between growth & development and the various aspects of development.
- Realize and explain the importance of prenatal period, foresee the hazards and how to prevent them.
- Get an insight about stages & other aspects of development during infancy, babyhood & childhood.
- Evaluate the development of any child based on the above knowledge, and also identify any defects in development.
- Develop practical skills by conducting psychological tests on children and analyze their behaviour.
- Detailed Syllabus:

#### **DEVELOPMENTAL PSYCHOLOGY - 103**

#### **UNIT 1: Introduction**

- A. Concept of Human Development
- B. Theories, themes and research designs

#### **UNIT 2: Periods of Life Span Development**

- A. Prenatal development,
- B. Birth, Infancy, and Childhood
- C. Adolescence and Adulthood

## **UNIT 3: Domains of Human Development**

- A. Cognitive development: perspectives of Piaget and Vygotsky
- B. Language development
- C. Physical development

#### **UNIT 4: Domains of Human Development**

- A. Emotional development
- B. Moral development
- C. Personality development

## **UNIT 5: Socio-Cultural Contexts for Human Development**

- A. Family
- B. Peers, Media & Schooling
- C. Human Development in the Indian context

#### **TEXT BOOKS:**

- 1. Berk, L. E. (2010). Child Development (9th Ed.). New Delhi: Prentice Hall.
- 2. Mitchell, P. and Ziegler, F. (2007). Fundamentals of development: The Psychology of Childhood. New York: Psychology Press.
- 3. Papalia, D. E., Olds, S.W. & Feldman, R.D. (2006). Human development (9th Ed.). New Delhi: McGraw Hill.
- 4. Santrock, J. W. (2011). Child Development (13th Ed.). New Delhi: McGraw Hill.
- 5. Santrock, J.W. (2012).Life Span Development (13th ed) New Delhi: McGraw Hill.
- 6. Saraswathi, T.S. (2003). Cross-cultural perspectives in Human Development: Theory, Research and Applications. New Delhi: Sage Publications.
- 7. Srivastava, A.K. (1997). Child Development: An Indian Perspective. New Delhi.

	Government College (Autonomous) Rajahmundry	Program & Semester
Course Code PSY-104	SOCIAL PSYCHOLOGY	I B.A-IV Sem
Teaching	Hours Allocated: 60 ( <b>Theory</b> )	

• This course provides an awareness about influence of society on behaviour and also helps in better perception of people and situations. This is a course every Psychologist must study.

#### Course Outcomes:

- At the end of the course the student is expected to demonstrate the following knowledge, skills and critical thinking -
- To become familiar with Social Psychology what is society, various aspects of society that influence social behaviour.
- Understanding how to understand others, how we perceive people and the common errors we make while attributing others behaviour.
- Know the various forms of communication and apply techniques of communication during propaganda.
- Explain how to form good impression of oneself in society.
- Analyze why rumours are spread.
- Critical evaluation about causes of prejudice and how to reduce prejudice.
- Become aware how society and people around influence behaviour of a person, and also about types of groups and their functions.
- Conduct a field study and investigate the relation between society and an individual and evaluate the influence of social factors on behaviour.
- Detailed Syllabus: Five units (i.e., each unit having 12 hours of class work)

#### **SOCIAL PSYCHOLOGY - 104**

#### **UNIT I: Nature and Scope of Social Psychology**

- A. Definition, Nature and Scope of Social Psychology
- B. Social Psychology and other Sciences Research methods in Social Psychology-Observation, Survey, Correlational Method, Field Study and Experimental Method

## **UNIT II: Social Perception and Impression Formation**

A. Social Perception - Meaning and Factors Influencing Social Perception, Types and Mechanisms of Social Interaction

- B. Social Norms, Roles and Status
- C. Attribution- Meaning and Errors in Attribution Impression Formation Meaning and Techniques of Impression Formation

#### **UNIT III: Socialization**

- A. Definition and goals of Socialization, Socialization Process.
- B. Social Motives and Social Incentives, Agencies of Socialization.
- C. The Development of Self-Concept, Self-Evaluation

#### **UNIT IV: Social Attitudes**

- A. Definition-Importance, Distinguishing Features of Attitudes
- B. Attitude Formation and Change
- C. Measurement of Attitudes- Likert, Bogardus and Thurstone

#### **UNIT V: Communication**

- A) Definition, Nature and Types of Communication and Barriers of Communication.
- B) Formation and change of Public Opinion
- C) Rumors and Propaganda

#### REFERENCE BOOKS:

- 1. Myers, David G. (1988) Social Psychology, 2nd Edition, McGraw Hill Book Company.
- 2. Baron, Robert. A. and Byrne, Donn. Social Psychology, 7th edition, Prentice Hall of India Pvt. Ltd.
- 3. Lindgren, Henry C. (1973). An Introduction to Social Psychology, John Wiley & Sons
- 4. Munn, N.L., (1948). Laboratory Manual in Experimental Psychology, Houghton Mifflin Co., New York.
- 5. Nataraj.P. (1970). A manual of laboratory experiments in Psychology, Mysore Printing and Publishing House. Mysore

	Government College (Autonomous) Rajahmundry	Program & Semester
Course Code PSY-105	PSYCHOPATHOLOGY	I B.A-IV Sem
Teaching	Hours Allocated: 60 ( <b>Theory</b> )	

- Abnormal Psychology is a theoretical course designed to provide a knowledge of mental disorders, which is essential for every student of Psychology. It includes the study of nature, causes, types, symptoms and approaches to treatment of mental disorders.
- At the end of the course the student is expected to demonstrate the following knowledge, skills and critical thinking -
- Have basic knowledge of Abnormal Psychology and remember the classification and terminology of mental disorders.
- Explain the various approaches which define the causes of abnormal behaviour.
- Identify the symptoms of most commonly occuring mental disorders. The causes and consequences of substance abuse.
- Evaluate the concept of abnormality and observe any abnormalities in people around.
- Develop skill of psychological diagnosis of mental disorders.
- Critical evaluation and comparision of various methods of treatment of mental disorders.
- Get a firsthand experience of people diagnosed by mental health professionals.
- Practical skills of diagnosis by visiting mental health care centers and doing case studies
- Detailed Syllabus:

#### **UNIT I: Introduction:**

- A. Concept of Abnormal Behavior and Criteria for Determining Abnormality.
- B. Historical Background of Abnormality.
- C. Approaches to Psychopathology- Psycho Dynamic, Behavioral, Cognitive, Behavioral, Existential and Biological.

## **UNIT II: Causes and Diagnosis of Abnormal Behavior:**

- A. Biological, Psychological and Socio-Cultural; Critical Evaluation of These Causes.
- B. Current Diagnostic Systems: Introduction to the International Classification of Diseases (ICD- 10) and Diagnostic & Statistical Manual of Mental Disorders (DSM-5).

#### **UNIT III: Neuro Developmental Disorders:**

A. Intellectual Disabilities, Communication Disorders, Autism Spectrum Disorder, Attention Deficit/Hyper Activity Disorder

- B. Specific Learning Disorder. Motor Disorder, Tic Disorder.
- C. Other Neuro Developmental Disorders.

## UNIT IV: Schizophrenia Spectrum and other Psychotic disorders

- A. Psychosis (Psychotic Disorder),
- B. Schizophrenia,
- C. SchizoTypal (Personality) Disorder

## Unit V- Feeding and Eating Disorders

- A. Pica/Rumination Disorder, Avoidant/Restrictive Food Intake Disorder
- B. Anorexia Nervosa/Bulimia Nervosa, Binge Eating Disorder
- C. Other Specified Feeding or Eating Disorder, Unspecified Feeding and Eating Disorder

## **REFERENCES:**

- 1. Comer, R. J. (2015). Abnormal Psychology. New York: Worth publishers.
- 2. Carson, R. C., Butcher, J. N., Mineka, S., & Hooley, J. M. (2013).
- 3. Abnormal Psychology (15th Ed.). New York: Harper Collins.
- 4. Diagnostic and Statistical Manual of Mental Disorders. (2013). Washington, D.C.
- 5. Nevid, J., Rathus, S., & Greene, B. (2014). Abnormal Psychology in a changing world. Upper Saddle River, NJ: Pearson Prentice Hall.
- 6. The ICD-10 Classification of Mental and Behavioural Disorders, (1992). Geneva.

	Government College (Autonomous) Rajahmundry	Program & Semester
Course Code PSY-106	EDUCATIONAL PSYCHOLOGY - 106(A)	III B.A-V Sem
Teaching	Hours Allocated: 60 ( <b>Theory</b> )	

#### **UNIT I: Introduction**

- A. Educational Psychology: Definition, Nature, Scope and importance.
- B. Methods of educational Psychology- Classroom Observation -Observation Schedule preparation. Experimental method -Group Experimentation, Survey method

#### **UNIT II: Learning Process**

- A. The nature of learning process: Nature of learning and Role of maturation
- B. The process of learning -learning curves plateaus in learning -Demonstration of
- C. learning curves

#### **UNIT III: Theories and Laws of Learning**

- A. Theories and laws of learning and their educational implications: trial and error learning learning by conditioning learning by insight
- B. Learning of skills Role of motivation, attention and interest in learning kinds of
- C. motivation: extrinsic and intrinsic, achievement motivation Methods of motivating pupils to learn.

#### **UNIT IV: Transfer of Learning**

- **A.** Transfer of Learning: Forms of transfer theories of transfer of learning factors influencing transfer of learning.
- **B.** Transfer of Verbal and motor learning, Distribution of practice, knowledge of results.

#### UNIT V: Individual Differences in Personality- Educational implications

- A. Personality-Nature and Educational Implications
- B. Types of personality –Type and Trait approaches
- C. Assessment of personality- Questionnaires, Inventories, Rating Scales, Projective techniques
- D. Role of School and Education in development of personality

	Government College (Autonomous) Rajahmundry	Program & Semester
Course Code <b>PSY-107</b>	EDUCATIONAL PSYCHOLOGY Applications and Skills – 107(A)	III B.A-V Sem
Teaching	Hours Allocated: 60 ( <b>Theory</b> )	

#### **Unit-I: Learning Disabilities:**

- A. Learning Disabilities: Concept, Definition, Meaning,
- B. Characteristics and Types of learning disabilities (HI, MR, ASD)
- C. Identification of Learning-Disabled Children. Approaches and Techniques,
- D. Role of teachers in facilitating education to learning disabled.

#### **Unit-II: Adjustment and Wellbeing**

- A. Adjustment and Psychological well-being. Factors influence and promote adjustment and quality of life. Goal setting, self- concept, creativity and, optimistic life style.
- B. Stressors- examination anxiety, bullying, parental expectations, peer pressure and competition

#### Unit III: Assessment of skills for learning

- A. Study skills and habits- Meaning, nature, development and impact on academic success
- B. Role of Emotional Quotient and Social Quotient in education

#### Unit-IV: Behaviour Modification in Education

- A. Behavioural problems and their identification- Absenteeism, dropouts, under achievement
- B. Behaviour modification Meaning and its application. Positive reinforcement, Negative
  - Reinforcement, Punishment, Systematic desensitization, Token Economies and Extinction.

## Unit V: Counselling and Guidance in Education

- A. Meaning and Scope educational counselling and guidance in education
- B. Types of counselling- Individual and group counsellingC. Counselling Skills

	Government College (Autonomous) Rajahmundry	Program & Semester
Course Code PSY-106	INDUSTRIAL PSYCHOLOGY - 106(B)	III B.A-V Sem
Teaching	Hours Allocated: 60 ( <b>Theory</b> )	

## **Unit-I:** Industrial Psychology:

Definition, Goals of industrial Psychology, economic basic of industrial Psychology, Social Foundations of industrial Psychology, the psychological foundation industrial Psychology, the classical Howthron's studies

#### **Unit-II**: Personnel Selection:

Purpose personnel test in industry- kinds of personnel test – Training methods job analysis – Job families, Application black

## Unit-III: Organizational Psychology:

Meaning definition of organizational Psychology, models of organization – how is an organization created – utilizing and managing human resources- organizational effectiveness – survival and growth.

#### Unit-IV Work motivation: Deification

– process of motivation, Types of motivation, Motivation at work – theories of motivation a. Maslow's, Herzberg, Vroom, X Y theories

#### **Unit-V:** *Iob Satisfaction*:

Job –attitudes – Factors related to job satisfaction importance of job satisfaction – consequences of job satisfaction – measuring job satisfaction.

#### References

- 1. Industrial Psychology, "H.L. Kaila, AITBS Publishers, india. J-5/6, Krishan Nagar, New Delhi. Fist ed., 2011."
- 2. Industrial organizational Psychology "Dr. K. Chandraiah, Student helpline"PublishingHouse(p) Lted., Hyderabad. First ed., 2012.
- 3. Industrial Psychology, AshishPandeyAtul Kr. Sharma, Global Academic publishers & Distributors, F-8, New Delhi. "first ed., 2012.

	Government College (Autonomous) Rajahmundry	Program & Semester
Course Code PSY-107	consumer behavior – 107(B)	III B.A-V Sem
Teaching	Hours Allocated: 60 ( <b>Theory</b> )	

#### Unit-I: Consumer Behavior:

meaning of consumer behavior – importance study of consumer behavior needs for developing consumer behavior

## Unit-II: Marketing Research:

Meaning of marketing consumer behavior and marketing research --- types of market, consumer research methods: - primary Vs secondary research methods --- survey and technics --- observation method -experimental methods.

#### Unit-III: Consumer Motivation:

nature of consumer motivation – need vs wants, buyer motivation, stages of the consumer buying process – types of consumers buying behavior.

## Unit-IV: **Advertising**:

Advertising process, types of advertising: digital – radio – online – covert – press- mobile bill board- in stores advertise, street advertise – celebrity brand roller advertising – technics of advertising – stages of advertising

#### **Unit-V: Sales Promotion:**

Strategies – sale men ship – sale process – Packing essentials of packing, advantage of packing, kinds of labeling, Branding – Function of branding – importance of branding

#### References:

Top Consumer behavior Dr. M.M. Prasad, Top Publications, educational publishers, chowerybaza"r, Delhi.

	Government College (Autonomous) Rajahmundry	Program & Semester
Course Code PSY-106	COUNSELLING PSYCHOLOGY	I B.A-V Sem
Teaching	Hours Allocated: 60 ( <b>Theory</b> )	

- Understanding of counseling as a profession emerged
- Have awareness of the required training and skills to pursue counseling as a profession
- Acquire comprehensive understanding of the many theoretical approaches to counseling
- Gain an exhaustive knowledge of the process of counseling and display the practical application of the same

#### **UNIT I: Emergence and Growth Of Counselling Psychology:**

Meaning, Purpose and Goals of Counselling.

#### **UNIT - II: Professional Preparation & Training for Counselling:**

Counsellor preparation and professional issues – Academic preparation – Practical skills – Ethical standards – Selection and training of counsellors.

#### **UNIT - III: Approaches to Counselling:**

Psychoanalytic approach – Humanistic approach Client – Centered counseling – Behavioristic approach – Reciprocal inhibition technique – Behavior modification. Transactional analysis. EGAN'S 3 Stage model Indian contributions – Yoga and meditation. Counselling in India – Need and present status.

#### **UNIT - IV: Counselling Process:**

Introduction – Steps in Counselling process - Pre-counselling interview – Process of counseling – Reasons for making an appointment – Referral – Counselling relationship – Physical setting – Value orientations – Essential aspects of interviewing – Non-verbal communication in interviews – Degree of lead, silence, transference, countertransference – Resistance – Handling resistance. Ending and follow up. Counselling skills – Basic Listening skills.

#### **UNIT - V: Counselling Applications:**

Counselling in Schools, Teenage Counselling, Career Counselling, Couple and Marriage Counselling, Counselling for suicidal, Group Counselling.

## **REFERENCES:**

1. Rao, Narayana S. (2003) Counselling Psychology. Tata McGraw-Hill Publishing Co. Ltd. New Delhi.

	Government College (Autonomous) Rajahmundry	Program & Semester
Course Code PSY-107	GUIDANCE AND CAREER COUNSELLING	III B.A-V Sem
Teaching	Hours Allocated: 60 ( <b>Theory</b> )	_

- Possess a general understanding of what guidance entails and assumes
- Grasp the application of career counseling amongst varied population
- Exhibit a command over career counseling in diverse settings and roles attached to each setting
- Comprehend the design of career maturity and the implications of career counseling.

#### Unit -1:

Guidance meaning- Definition – Nature and scope – need objectives – principles – basic. Assumptions of guidance – Guidance and Education – Major areas of Guidance.

#### Unit-2:

Career Counselling Meaning- Definition- Nature Scope - Importance - types - Career counselling with diverse population

#### Unit-3:

Career counselling with college students career Counselling for adults – career counselling for women- Ethics of Career counselling.

#### Unit-4:

Career counselling services in schools – orientation services – pupil information services – Inventory services – educational and occupational Guidance service - Group Guidance – Counselling services – support services – placement services – follow up services – role Counsellor in schools.

#### **Unit -5:**

Career maturity – concept of career maturity- meaning – Definition-significance Characteristics – Dimensions – factors influencing career maturity and implications for career Counselling.

#### References;

Gideon Arulnagmani – (2004) Career counselling: A Handbook – Tata Mc Graw Hill Publishing Company Ltd. New Delhi.

S. Narayana Rao Counselling and Guidance

# Government Degree College(A) Rajahmundry Department of Psychology

## Certificate Course On Gender Psychology

## **Syllabus**

#### Unit-1: Concepts of Gender and Sexuality

- A. Sex Vs Gender; Sexism-Gender Stereotypes; gender discrimination
- B. Patriarchy; Feminisim & Masculinity
- C. Intersectionality; Gender and development

#### Unit-2: History of Gender & Gender in Theories

- A. Gender Gap, Gender division of labour, social construction of Gender
- B. Gender equality-critical issues & Laws
- C. Key theories of Gender; Violence against women and other gender (Non binary).

## Unit-3: History of Sexuality & Sexuality in Theory

- A. Historical and emerging understanding of Sexuality and Sexual identity.
- B. Discrimination in the workplace on LGBTQIA :Job insecurity,challenges & facing strategies.
- C. Advent of ENDA(Employment Non-Discrimination Act) and its controversy

#### Reference books:

Introduction to Women's, Gender, and Sexuality Studies: Interdisciplinary and Intersectional Approaches" by L. Ayu Saraswati, Barbara Shaw, and Heather Rellihan

Understanding Gender" by Kamla Bhasin and Nighat Said Khan

Gender: Ideas, Interactions, Institutions" by Lisa Wade and Myra Marx Ferree

"The Second Sex" by Simone de Beauvoir

Sexing the Body: Gender Politics and the Construction of Sexuality" by Anne Fausto-Sterling

The Social Construction of Gender" by Judith Lorber

Gender and Law: Theory, Doctrine, and Commentary" by Katherine T. Bartlett and Deborah L. Rhode

Gender Law and Policy" by Katharine T. Bartlett and Deborah L. Rhode

Gender in World History" by Peter N. Stearns: